

JWRP Women's Mission

2011 Sample Itinerary

9 days

Monday June 13

- 12:25 pm** **Arrive at Ben Gurion Airport**
Welcome home!
- Snacks and Water Provided, Money Changing Available**
- Transfer to Israel's Beautiful North**
- 4:00 pm** **Arrive in Tiberias, Check in at the King Solomon Hotel**
- 4:30 pm** **Welcome, "Gossip, Lies & Lessons"**
Lori Palatnik
- 5:30 pm** **Get to Know Each Other by SpeedDating®**
- 6:30 pm** **Welcome Dinner at Decks**
Decks Restaurant is a magical place. It is famous in Israel and abroad for its locally grown meat dishes, organically grown vegetables, spices and fresh fruits. Decks is situated on one of the Holy Land's most breathtaking sites, extending over the Sea of Galilee and surrounded by water on three sides.

Tuesday, June 14

- 7:00 am** **Breakfast and Pack Your Own Lunch.**
- Load Luggage on to Bus**
- 8:30 am** **Depart Hotel**
- 9:00 am** **Kayaking on the Jordan River**
Enjoy light sport on the Jordan River, famous throughout time and the world as a location of miracles. The river is known today as an important resource for the dry lands of the area.
- Picnic Lunch**
- 12:30 pm** **Depart for Tour of the Mystical City of Tsfat,**
Including the artist colony and ancient Kabbalistic synagogues,
Tsfat, perched on a mountaintop in the Upper Galilee is known as the mystical city of Israel, and was home to many famous kabbalists and scholars. It still retains those mystical and magical qualities and it is now home to many artists and artisans.
- 4:00 pm** **Dinner at Art Cafe**
Enjoy Dairy Cuisine overlooking Mt. Meron, which at a height of 1,208 meters, was the highest mountain in Israel prior to the Six-Day War. Mt. Meron is in fact a group of mountains and not one peak. Its sides, lined with natural forest and plant growth, are green all year round.

6:00 pm **Depart for Jerusalem**

9:00 pm **Arrive in Jerusalem**

Check into the King Solomon Hotel

The King Solomon Hotel Jerusalem is a luxurious hotel located in the center of Jerusalem at the cross road of the ageless city and its modern counterpart. The King Solomon Hotel Jerusalem offers gracious hospitality in the tradition of the city of kings.

Wednesday, June 15

7:00 am **Breakfast**

8:00 am **Walk to the Aish Hatorah World Center Opposite the Western Wall in the Old City**

9:00 am **View from the Roof of Aish Hatorah World Center**

Group Picture

9:30 am **'The Kabbalah of You',**
Lori Palatnik

Madricha Class Alternative:
'How to Get your Prayers Answered'
Rabbi Gavriel Friedman

11:00 am **Meet the Weinbergs and Rabbi Noah Weinberg Tribute Film**

12:00 pm **Prayer and the Power of the Western Wall**
Rabbi Gavriel Friedman

Madricha Class Alternative:
'Testing 1-2-3'
Lori Palatnik

Visit the Kotel

At this last remnant of the Holy Temple, and the holiest site on earth, your heart will see more than your eyes, as you feel the prayers of thousands of years and millions of Jews. The Kotel is known as a place where the Divine Presence never leaves

1:30 pm **Lunch of Your Choice in the Old City, Some Time for Shopping**

4:00 pm **Tour of the Old City**

5:30 pm **Nitsana Darshan-Leitner:**
A True hero of Israel who is taking the fight against terrorism to the courtrooms

Free Evening with City Rebbetzins in Town

Thursday, June 16

8:00 am **Breakfast**

9:00 am **'World Perfect'**
Rabbi Ken Spiro

At the hotel

Madricha Class Alternative:
'What It Means to Take Responsibility'
Rabbi Eric Coopersmith

10:30 am **Depart for Chesed Project: Prepare meals for the needy**

1:00 pm **Sandwich Lunch**

1:30 pm **Depart for Yad Vashem, Israel's Holocaust Memorial**

4:30 pm **Depart for Hotel**

5:00 pm **'Why the Jews'**
An important discussion about Anti-Semitism
At the Hotel

Madricha Class Alternative:
'Wrestling with Suffering'
Rabbi Nechemia Coopersmith
Rabbi Nechemia Coopersmith received his Rabbinical ordination from Aish HaTorah and the Chief Rabbi of Jerusalem. A former program coordinator of the Toronto Aish branch and Educational Director of the Discovery Seminar, he is currently the Director of Research and Development for Aish HaTorah and is Managing Editor of Aish.Com.

Free Evening

Friday, June 17

7:00 am **Breakfast**

Depart to the Old City

8:40 am **Western Wall Tunnel Tour**

Inside the tunnel, under the Kotel, get a physically and spiritually closer and deeper look into the significance and history of the Western Wall

A Mitzvah of Body and Soul: Challah Baking Class

Discover the joy and power that can be unleashed by baking these heavenly loaves.

Time to Prepare for Shabbat

Bus departs from the hotel for the Old City

Pre-Shabbat Concert with Yom Tov Glazer

Enjoy a spiritual, musical concert to welcome in the Shabbat.

Candle Lighting

Dancing at the Kotel with Female Soldiers

Kabbalat Shabbat at the Kotel is a magical experience. Witness the throngs of Jews welcoming the Shabbat Queen with joy in song and dance.

Shabbat Dinner at the Aish World Center
with Lone Soldiers and other guests

Walk back to the hotel with possible Oneg at Alan and Bonnie Cohen's home

Shabbat, June 18

6:30 am Breakfast Opens at the Hotel

8:00 am Optional Walk to Yemin Moshe Synagogue, Kotel or Great Synagogue

11:00 am The 4 Things You Never Knew About Judaism
Lori Palatnik

Madricha Class Alternative:
'5 Levels of Pleasure'
Rabbi Gavriel Friedman

12:00 pm Class
Rabbi Gavriel Friedman

Madricha Class Alternative:
Shabbat and Shalom
Lori Palatnik

1:00 pm Shabbat Lunch at the Hotel

3:30 pm Depart for Old City

Taking the Fifth
Lori Palatnik

Ahavas Yisrael
Mimi Jankovits

Stump the Rebbetzins

Seudat Shlishit
(The third meal of Shabbat) with female soldiers at Abba and Pamela Claman's house.
Their stunning home in The Old City, whose roof top overlooks the Temple Mount, is the perfect setting to end Shabbat. The Clamans do many kindnesses for the Jewish people but mainly focus on reaching out to the soldiers who protect us and The Land of Israel.

Havdallah

Enjoy the Nightlife on Ben Yehuda

Sunday, June 19

6:00 am Depart for Masada, Breakfast Bags on the Bus; Fruit, Yogurt, Granola Bar

Cable Car up Masada

Visit to the top of this ancient mountaintop fortress in southeast Israel on the southwest shore of the Dead Sea. In A.D. 73, after a two-year siege, members of the Zealot Jewish movement committed mass suicide rather than surrender to the Romans.

Naming Ceremony

If you don't have a Jewish name, this is the opportunity to receive one, where you will literally feel at the top of the world.

Hike Down Masada (or Take Cable Car)

11:00 am Lunch and Shopping for Dead Sea Products

1:00 pm Dead Sea Swim

At the lowest point on earth, 1378 feet below sea level, enjoy floating in these healing mineral waters, and slathering on the much sought after mud from the Dead Sea. Enjoy, pamper yourself!

3:30 pm Camel Rides and Festive Dinner in Abraham and Sarah's Tent

Return to Jerusalem

Optional Visit to Kotel with Madrichot

Monday, June 20

7:00 am Breakfast

9:00 am Choose Your Own Class

Classes at Aish with Gila Manolson, Sara Rigler and others

***Gila Manolson** (a Yale graduate) is a renowned lecturer, whose direct, down-to-earth style has made her one of the most sought-after speakers for high school and seminary students as well as adult audiences. She is best known for her popular books *The Magic Touch: A Jewish Approach to Relationships*, *Outside/Inside: A Fresh Look at Tzniut*, and her latest release, *Head to Heart: What to Know before Dating and Marriage*.*

***Rebbitzin Sara Yoheved Rigler** is a graduate of Brandeis University. Her spiritual journey took her to India and through fifteen years of teaching Vedanta philosophy and meditation. Since 1985, she has been practicing Torah Judaism. A writer, she resides in the Old City of Jerusalem with her husband and children. Her articles have appeared in: *Jewish Women Speak about Jewish Matters*, *Chicken Soup for the Jewish Soul*, and *Heaven on Earth*, and *Aish.com*. She has published two books: *Holy Woman*, and *Lights from Jerusalem**

Madricha Class Alternative:

'In the Footsteps of Great Jewish Women'

Dini Coopersmith

10:15 am Love, Intimacy and Soul Mates

Lori Palatnik

Madricha Class Alternative:
'Effective Communication in Marriage'
Ilana Cowland

- 11:30 am** **Lunch at Aish**
- 12:30 pm** **Depart for Army Base to Deliver 'Thank You' Packages and Meet Soldiers**
- Visit to a Mikvah**
- Tel Aviv Area:**
Dinner in Tel Aviv, Sunset over Mediterranean, Visit Aish Tel Aviv, Free Time in Tel Aviv
- Return to Jerusalem**
- PACK YOUR SUITCASES**

Tuesday, June 21

- 7:00 am** **Breakfast at the Hotel**
- 8:30 am** **Bringing It All Home - Part 1**
How to share your inspiration with friends and family without blowing it
Lori Palatnik
At the hotel
- Madricha Class Alternative:
What I hate about being religious
Rabbi Moshe Zeldman
- 9:30 am** **Bringing It All Home- Part 2**
Five opportunities to continue your learning and inspiration back home for yourself and those you love.
- Madricha Class Alternative:
"5 Traits of a Leader"
Rabbi Eric Coopersmith
- 10:30 am** **Closing Lecture**
- 11:30 am** **Time to Write a Letter to Myself and Trip Evaluations**
- 12:15 pm** Check out, Load the bus
- Free Time**
- 4:00 pm** **Our Mother Rachel**
Learn about Rachel and why her burial site is a special place for women to pray
- Visit Kever Rachel**
- 6:00 pm** **Final Banquet at Gavna**

Gavna, in the heart of a forest where once stood a thriving Jewish collective, destroyed during the War of Independence, an old-time restaurant and tavern has sprouted up – bridging the old and the new. Gavna, which is Aramaic for “shades” (as in shades of color), is the name of the restaurant. It is in the Gush Etzion region, south of Jerusalem, atop a forested hilltop overlooking Beitar and you can even see Ashkelon’s Mediterranean seashore on a clear day.

Depart for Ben Gurion Airport

This is not goodbye, but “I’Hitraot”, see you again soon.... A mission of memories is now yours. Bring it back, and come home again soon.

1:00 am

Flight to NY

All Trips - Tentative Schedule – Subject To Change